



HOOFBEATS

EDITED BY HEIDI YOUNG, ENTRIES FROM CLUB MEMBERS ...

BIO: Valerie Lawrence

Valerie is a registered dietitian, working as a diabetic educator at St. Alphonsus. Her passion for food and nutrition came early in life, but the degree came much, much, later. After working as a grocery checker for 10 years, a trainer at Micron for 5 years, and a massage therapist for 13 years, it was finally time to go to school. On her 50th birthday she received her BS in Food and Nutrition from University of Idaho.

When not working, Valerie enjoys spending time in the garden, cooking for family and friends, reading non-fiction, horseback riding, traveling, and drinking wine. Not necessarily in that order. Oh, and yoga, camping, and hiking — there's just not enough time.

A horse owner for the past 22 years, she's loved horses all her life. She can remember when adults asked her what she wanted to be when she grew up how they laughed when she said, "A horse". She finds that the next best thing to being a horse is spending time with them.

She and her husband own 2 Arabians and 2 TWH. Of the 4 horses, 2.5 are mostly rideable. Sundance, her 12 year old TWH, is her recent riding buddy. She and Sundance are having a fun July; participating in their first parade last week in Star, and swimming in Black Canyon Dam.

For the past 20 years she's lived on the same 5 acres in Emmett; where she raised her three sons and still happily resides with her husband, Dan, 4 horses, 3 cats, a dog, and 11 chickens.



From the Members

From Anne Martin:

I have a black 48 gal. half-moon, hay rack water caddy, by High Country Plastics for sale. Fits in most roof top hay racks. My current trailer does not have a roof top hay rack. New \$129, asking \$60. The water stayed cool enough for most weather, occasionally got a little tepid in the hot sun for several days in a row. Since it is roof top, the water flow was great. amm5357.rosie@gmail.com

From Nick Webber:

This saddle is listed on Ebay at a fixed price of \$1595 but if I sell it locally, it will be less because there would be no shipping; plus I will knock off the 10% that I would give to eBay. nixhorse@gmail.com

Freeform Western Barrel Treeless Saddle (lightly used) <http://www.ebay.com/itm/Freeform-Western-Barrel-Treeless-Saddle-/122024581582?hash=item1c693b59ce:g:1K0AAOSwmtJXbBZC>



From Nya Bates:

Zoey is a 16 year-old registered Missouri Foxtrotting mare being offered for sale. She is small: 14.2 hands and has been used by beginner riders (wife and children) on trails, along with some arena work. She is a quiet, laid back and just an incredibly safe mount for any level rider. She is currently being ridden by my 11 year-old grand-daughter on trails. She has a nice foxtrot gait and is here in the Boise area for the next week, then she returns to northern Utah. Priced to sell at \$1600, video available. Call Nya at 208-559-2755.



DRILL TEAM PERFORMANCE

The Spanish Gaited Drill Team performed at the Snake River Stampede's drill competition on July 16th. We provide entertainment while the judge's scores are finalized — we don't compete. The club gets some promotion, including announcing our UN-poker ride and fun day events. For those that missed it: <https://www.youtube.com/watch?v=Jnz2hN9pUeo>



The team included Sandy Young, Lawrence Valdez, John Garro, Andriette Goudreau, Liane Kerting-Vick and Heidi Young. They've all committed many, many hours of practice time to perform this well.

Feedback from across the country (thanks to youtube) is incredibly positive. Many folks are amazed at how smoothly a gaited horse travels: *"Your head just doesn't MOVE at all!"*. Some folks just hadn't ever seen such a pretty display of several horses gaiting along before. They heard about it, but never SAW it. It seems that showing off the smooth gait in a group of coordinated horses really helps folks SEE the smoothness.



Membership forms and previous newsletters and articles and an expanded calendar are all on our website at: www.gaitedhorseclub.com

Facebook: Search for "Southern Comfort Gaited Horse Club" or click:

www.facebook.com/groups/636027703108388/

and request to be added. Club members can post pictures or share information quickly and easily. This is a private group for members only.

Lifeflight Insurance:
Club members get a discounted rate of \$15 off the \$60/year rate for a family. We all renew together in mid July.

www.lifeflight.org

2016 Calendar of Events

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| Mon, August 8 | Club meeting at Eagle's Casa Mexico |
| August 13 & 14 | Lawrance Valdez: Classic Western Riding, the Natural Way at Birt arena |
| August 25-29 | Silver Creek Plunge campout north of Crouch/Garden Valley
No reservations. Hot springs nearby. |
| Mon, Sept 12 | Club meeting |
| Sept 21-26 | City of Rocks, south of Burley, campout |
| Sept 24 & 25 | Lawrance Valdez: Classic Western Riding, the Natural Way at Birt arena |
| Sun, Oct 2 | Club UNPoker Ride fundraiser ??? |
| Mon, Oct 10 | Club meeting |
| Sat, Oct 29 | Fun Day Show |
| Mon, Nov 14 | Club meeting |
| Mon, Dec 12 | Christmas party
(maybe do on a weekend instead of Mon?) |
| January, 2017 | Annual dues |



Classic Western Riding: the Natural Way with Lawrance Valdez

Idaho Horse Expo 2 years in a row:
Breed Challenge winner



What: Two full days of training on:
When: June 11 & 12, August 13 & 14, Sept. 24 & 25
Where: Birt Arena at 2520 Lewis Lane, Nampa, Idaho
Cost: One day is \$90 (either day) or BOTH days for only \$160.
Auditors: \$30 per day or \$50 for the weekend (and you still get lunch)

Have you wanted to have a better relationship with your horse? Do you want to take your horsemanship skills further? Maybe you just want your horse to be more willing? How about lighter? And happier? These are ALL possible – I guarantee it.

Come join us for two fun days of learning and applying natural horsemanship techniques to your western riding. You'll learn how to communicate clearly with your horse and be a better partner. We'll work on softening, dealing with obstacles, and even some equitation. We work in small groups so you and your horse will get plenty of individual attention.

Questions? MSranchLV@gmail.com 208-300-7039
Registration: JGarro999@gmail.com 208-219-0163

Deposit: \$60 holds your spot!!
Don't delay, these fill up fast.



"Lawrance showed me what this human needed to do for that horse, at that exact moment."